

AARP Tax Assistance

Free, Individualized, Tax Help

Glendora

Day: Mondays

Dates: February 3 through April 14

Time: 8:30am to 2:30pm (By Appointment Only)

AARP Tax Aides provide Federal and State income tax preparation for individuals at the La Fetra Center. No appointments will be taken at 11:30am due to lunch. There will be tax preparation on Tuesday, February 18 due to the Presidents Day holiday. All participants receiving this service must visit the La Fetra Center prior to their scheduled appointment to pick up paperwork. Failure to pick up paperwork may result in cancellation of an appointment.

**Beginning Monday, January 13,
please call (626) 914-0560
to schedule an appointment.**



RECREATION & HUMAN SERVICES DEPARTMENT PRESENTS

LA FETRA TIMES

DECEMBER 2024

This issue contains:

- ◆ TAX ASSISTANCE
- ◆ ANNUAL HEALTH & WELLNESS FAIR
- ◆ DECEMBER PRESENTATIONS
- ◆ ACTIVITY HIGHLIGHTS
- ◆ STUFF THE BUS
- ◆ DECEMBER MOVIES

PRINTING COURTESY OF PARTNERS OF LA FETRA



LA FETRA CENTER

333 E. Foothill Blvd., Glendora, CA 91741
 (626) 914-0560 / CityofGlendora.org
 Monday-Friday: 8:00am-4:30pm

Mission: The City of Glendora Recreation and Human Services Department, through the efforts of the Human Services Division at the La Fetra Center, strives to maximize the quality of life for older adults by providing programs that: promote dignity and self-esteem; foster independence; facilitate social interaction; and dispel negative stereotypes about aging.

A.A.R.P.	(800) 424-3410	Glendora Mini-Bus	(626) 914-8233
Adult Protective Services	(888) 202-4248	Glendora Public Library	(626) 852-4891
Animal Control – Inland Valley Humane Society	(909) 623-9777	Glendora Welfare Association	(626) 857-1181
Case Management with YWCA	(626)214-9443	Graffiti Hotline	(626) 963-8540
Center for Health Care Rights	(800) 824-0780	Homelessness - General Questions	(626) 852-5200
City Hall – Glendora	(626) 914-8200	In-Home Supportive Services	(909) 802-2474
Emergency & Traffic Alerts	Text 'Glendora' at 67283	Meals on Wheels	(626) 960-2995
Elder Abuse Hotline	(877) 477-3646	Medicare	(800) 633-4227
Foothill Presbyterian Hospital	(626) 963-8411	Metro Access Services	(800) 827-0829
Get About Transportation	(909) 596-5964	Ombudsman (Long Term Care)	(323) 721-1343
Glendora Historical Society	(626) 963-0419	Post Office – Glendora	(626) 857-9127
		Social Security	(800) 772-1213
		Glendora Office	(866) 964-6045

STAFF CONTACTS

Debbie Lopez, HS Manager — dlopez@cityofglendora.org
 Erik Deurmeier, HS & Outreach Coordinator (Homeless) — edeurmeier@cityofglendora.org
 Rachel Orosz, HS Supervisor (Activities & Trips) — rorosz@cityofglendora.org
 Emily Bufanda, Office Assistant (Rentals & Maintenance) — ebufanda@cityofglendora.org
 Carol Stellato, Recreation Specialist (Volunteers & Referrals) — cstellato@cityofglendora.org

PARTNERS OF LA FETRA

Partners of La Fetra is a charitable, non-profit organization established to support the Glendora La Fetra Center in an effort to enhance the quality of life of the adult population of the City of Glendora. Donations are tax deductible as provided by law. Membership is open to any person: dues are \$10 per year, per person. The *La Fetra Times* is available for mailing for \$12 per year, or can be combined with the Partners Membership for \$20 per year. Cash (must be exact amount) or Check (must be made out to *Partners of La Fetra*) is accepted. Membership Applications can be picked up from the center during regular business hours. If you have questions related to Partners of La Fetra, please visit the center on Fridays and a board member can assist you.

CROSSWORD SOLUTION

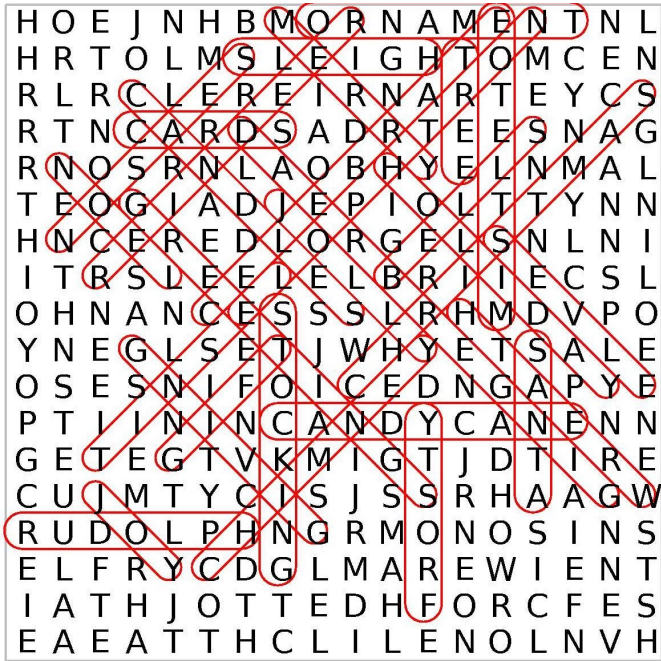
1	E	2	L	3	S	4	C	5	A	6	N	7	S	8	P	9	R	10	I	11	G
12	E	Y	E	13	I	D	O	14	C	L	O	S	E								
15	R	E	A	16	C	T	O	R	17	H	A	S	N	T							
			18	T	H	Y			19	T	E	N	E	T	S						
20	R	21	E	B	A			22	P	23	R	I	M								
24	I	D	E	S				25	A	I	R	E	26	D	27	A	28	L	29	E	
30	T	I	L	T				31	S	P	A		32	R	E	A	L				
33	A	T	T	E	34	S	T	E	D			35	A	R	M	S					
					36	P	A	R	E			37	M	O	P	E					
38	A	39	S	40	T	41	E	R	S			42	L	A	S						
43	S	L	I	D	E			44	E	45	P	I	S	O	46	D	47	E			
48	K	O	R	E	A			49	A	R	E			50	L	O	W				
51	S	P	E	N	D			52	T	O	N			53	S	E	E				



		3	0	8		4	0	1	7		2	0	1	2	8					
8	4	0	6			9	6	1	8		8	4	2	3	4					
8	5	5	7			5	9	6	4		3	6	7	8	0					
2	2	2	8	1	4		4	9	5	3		5	2	3						
				3	8	2		5	5	7		6	5	0						
8	7	8	4	6	9	5				3	2	7								
5	2	2			5	0	2	0	6	7	6	7	0	2						
7	7	1	1	1		4	2	5		6	8	8	3	8						
2	6	7	8	8	6	5	2	6	8			5	3	2						
				2	1	7			6	6	5	2	5	4	5					
		6	7	0		9	2	1		7	4	9								
1	7	9		3	7	6	5		9	0	4	2	3	7						
6	0	6	6	9		1	6	1	0		7	7	4	4						
6	5	0	8	2		7	1	5	2		1	7	2	4						
4	1	3	0	3		1	2	9	8		7	0	9							

NUMBER FILL - IN SOLUTION

CHRISTMAS
WORD SEARCH SOLUTION



SUDOKU #1 SOLUTION

1	5	3	2	4	8	6	7	9
4	8	9	3	6	7	5	2	1
2	6	7	1	9	5	3	8	4
5	1	2	8	7	6	4	9	3
6	7	8	4	3	9	2	1	5
3	9	4	5	2	1	7	6	8
8	2	5	7	1	4	9	3	6
7	4	6	9	8	3	1	5	2
9	3	1	6	5	2	8	4	7

SUDOKU #2 SOLUTION

7	8	5	2	6	3	1	4	9
9	6	1	7	4	5	2	8	3
2	3	4	8	9	1	5	7	6
1	9	2	3	5	7	8	6	4
3	4	6	9	8	2	7	5	1
5	7	8	4	1	6	9	3	2
4	5	3	1	2	8	6	9	7
6	1	7	5	3	9	4	2	8
8	2	9	6	7	4	3	1	5



THURSDAY, FEBRUARY 20 • 1PM-3PM

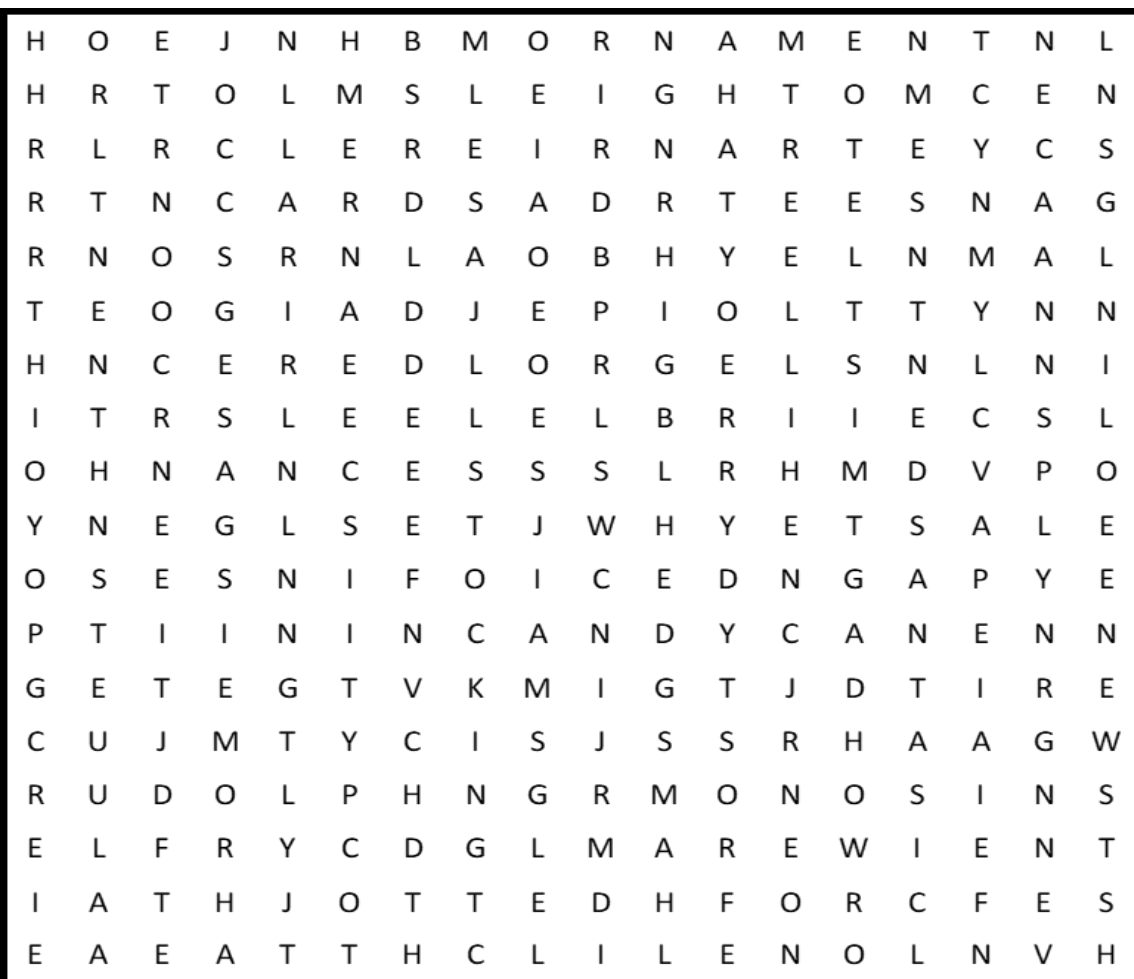
2025 HEALTH & WELLNESS FAIR

**HEALTH AGENCIES & REPRESENTATIVES
RAFFLE PRIZES & GIVEAWAYS
PRESENTATIONS & HEALTH SEMINARS
FREE HEALTH SCREENINGS**

LA FETRA CENTER
333 E. FOOTHILL BLVD.,
GLEN DORA CA 91741

FOR MORE INFORMATION PLEASE CALL (626) 914-0560

CHRISTMAS WORD SEARCH



BELLS
CANDLES
CANDY CANE
CARDS
CELEBRATE
CHIMNEY
CHRISTMAS
ELVES
FROSTY
GIFT



GINGERBREAD
GIVING
GREETINGS
HOLIDAY
JOLLY
JOY
MERRY
MISTLETOE
NOEL
NORTH POLE



ORNAMENT
REINDEER
RUDOLPH
SANTA
SEASON
SLEIGH
STOCKING
TINSEL
TREE
WREATH

Solution is provided in the back.



Presented by Partners of La Fetra Bingo

Every Friday

Doors open at 12:00pm on SAGE A and at 12:45om on SAGE B.

Bingo sales are from 12:30pm to 1:15pm.

Games start at 1:30pm.

Cost is \$7.00 for the first game and \$3.00 for each additional pack. Bring your own drinks and individually wrapped snacks.

Book Discussion Group

First Thursday of every month

10:00am to 11:00am

FREE - No registration required!

Join friends who share the love of reading. This casual group meets to discuss a wide genre of novels and each group member will have the opportunity to select books to read then discuss.

December 5 Discussion:

Circle of Women
By
Lisa See



January 2 Selection:

Driving Miss Norma
By
Rami Liddell,
Tim Bauerschmidt



Glendora Genealogical Group

Fourth Tuesday of every month - (Group does not meet in December)

6:00pm to 9:00pm

FREE - No registration required!

If you are interested in family history, we invite you to attend the Glendora Genealogical Group. For more information, please contact Pat Chavarria at lorman1237@gmail.com.



NOVEMBER 30 & DECEMBER 7
GLENDDORA WALMART PARKING LOT
9:00AM-3:00PM

Donate new, unwrapped toys and gift cards this holiday season!

Benefiting children of Glendora and surrounding communities.
 Request a donation box at your business!

For questions email CSFoundation@cityofglendora.org



GLENDORA
 COMMUNITY
 SERVICES
 FOUNDATION

CROSSWORD PUZZLE

1	2	3		4	5	6		7	8	9	10	11	
12				13				14					
15				16				17					
			18					19					
20	21					22	23						
24						25				26	27	28	29
30						31				32			
33						34				35			
						36				37			
38	39	40	41					42					
43							44	45				46	47
48							49				50		
51							52				53		

Across:

- | | |
|--------------------------------|----------------------|
| 1. City trains | 31. Health resort |
| 4. Tuna container | 32. Authentic |
| 7. Parsley piece | 33. Vouched for |
| 12. Needle hole | 35. Weapons |
| 13. Groom's response (2wds.) | 36. Whittle down |
| 14. Shut | 37. Sulk |
| 15. Nuclear ____ | 38. Fall flowers |
| 17. Common contraction | 42. ____ Vegas |
| 18. Old pronoun | 43. Glide |
| 19. Religious beliefs | 44. Incident |
| 20. ____ McEntire of country | 48. Seoul's country |
| music | 49. "We ____ Family" |
| 22. Proper | 50. Not high |
| 24. "Beware the ____ of March" | 51. Use money |
| 25. Wire-haired terrier | 52. Weight measure |
| 30. Tip | 53. Perceive |

Down:

- | | |
|---------------------------|---------------------|
| 1. Eternally, in poems | 23. More mature |
| 2. Caustic substance | 26. Serious plays |
| 3. Safety strap (2 wds.) | 27. Spray cans |
| 4. Boston, e.g. | 28. Light source |
| 5. Uproar | 29. More |
| 6. Neither's partner | 34. Butter or jam |
| 7. Plot | 38. Invites |
| 8. Scheme | 39. Hog's dinner |
| 9. Stood up | 40. Fatigue |
| 10. Doesn't exist | 41. Adam's home |
| 11. Understands | 42. Debtor's burden |
| 16. Morally pure | 44. Have breakfast |
| 19. Ranting speech | 45. Paid athlete |
| 20. Actress ____ Hayworth | 46. Gentle animal |
| 21. Prepare copy | 47. Flock mother |
| 22. Spaghetti and ziti | |

Solution is provided in the back.

SUDOKU

Sudoku is played on a grid of 9 x 9 spaces. Within the rows and columns are 9 "squares." Each row, column and square (9 spaces each) needs to be filled out with the numbers 1-9, without repeating any numbers within the row, column or square. Each Sudoku grid comes with a few spaces already filled in.

SUDOKU #1

	5	3	2		8		7	
4			3			5	2	1
	6	7	1	9			8	
				7		4	9	3
	7	8				2	1	
3	9	4		2				
	2			1	4	9	3	
7	4	6			3			2
	3		6		2	8	4	

GOOD LUCK
AND
HAVE FUN!!

SUDOKU #2

7				6		1		9
9				4			8	
	3	4			1	5		
1			3				6	
	4			8			5	
	7				6			2
		3	1			6	9	
	1			3				8
8		9		7				5



Solution is provided in the back.

EVERY MONDAY & THURSDAY AT 1:00PM - ALWAYS FREE

LA FETRA MOVIES



Movie info can be found on cityofglendora.org or located at our reception desk.

- DECEMBER 2 - IT HAPPENED ON 5TH AVENUE (1947) - COMEDY / MUSIC / ROMANCE
- DECEMBER 5 - BLOSSOMS IN THE DUST (1941) - BIOGRAPHY / DRAMA / ROMANCE
- DECEMBER 9 - HOLIDAY AFFAIR (1949) - FAMILY / COMEDY / DRAMA
- DECEMBER 12 - ALL MINE TO GIVE (1957) - DRAMA / FAMILY / ROMANCE
- DECEMBER 16 - HOLIDAY INN (1942) - COMEDY / DRAMA / MUSICAL
- DECEMBER 19 - MISS FISHER'S MURDER MYSTERIES (2011) - ADVENTURE / DRAMA
- DECEMBER 23 - A HEAVENLY CHRISTMAS (2011) - ADVENTURE / FAMILY / DRAMA
- DECEMBER 26 - FROM HERE TO ETERNITY (1953) - DRAMA / ROMANCE / WAR
- DECEMBER 30 - LITTLE FOCKERS (2010) - COMEDY / ROMANCE

Monday	Tuesday	Wednesday	Thursday	Friday
8:45 am Sing for Joy 9:00 am YWCA Case Management 10:00 am Journey Through Grief Group 11:30 am Nutrition 12:30 pm Canasta 12:30 pm M-W-F Gamers 1:00pm Monday Movies 1:00 pm Ping Pong <i>(Sign Up Required)</i>	8:00 am Int./Adv. Pool Players 8:45 am Bridge Tournament 9:00 am Sharing Memories 9:00 am Tai Chi Chuan <i>(Sign Up Required)</i> <i>(Session 2 ends 12/10)</i> 9:00 am Cardio & Strength Training <i>(Session ends 12/13)(Sign Up Required)</i> 11:00 am Computer Adventure <i>(Sign Up Required)</i> <i>(Session 2 ends 12/10)</i> 11:30 am Nutrition 12:30 pm Beading Buddies 12:30 pm Pinochle 4:00 pm Balance & Mobility <i>(Sign Up Required)</i> <i>(Session 2 ends 12/17)</i> 6:00 pm Country Line Dancing—Beginner <i>(Sign Up Required)(Session 3 ends 12/17)</i> 7:15 pm Country Line Dancing—Intermediate <i>(Sign Up Required)(Session 3 ends 12/17)</i>	9:00 am Glendora After Stroke Center 9:00 am Patch, Pin, & Purl 10:30 am Nuts About Needlepoint <i>(2nd/4th week)</i> 11:30 am Nutrition 12:30 pm M-W-F Gamers 1:00 pm Bunco <i>(1st/3rd/5th week)</i> 1:30 pm International Community Club	8:30 am Party Bridge 8:30 am Quilting Therapy <i>(2nd/4th week)</i> 9:00 am Cardio & Strength Training <i>(Session ends 12/13)</i> <i>(Sign Up Required)</i> 11:30 am Nutrition 12:30 pm Canasta 1:00 pm Current Events Discussion Group 1:00 pm Ping Pong <i>(Sign Up Required)</i> 1:00pm Thursday Movies 4:00 pm Balance & Mobility <i>(Sign Up Required)</i> <i>(Session 2 ends 12/17)</i>	8:00 am Int./Adv. Pool Players 8:45 am Bridge Tournament 9:00 am Cardio & Strength Training <i>(Session ends 12/13)</i> <i>(Sign Up Required)</i> 11:30 am Nutrition 12:30 pm M-W-F Gamers 12:30 pm Pinochle 1:30 pm Bingo
<p>*WINTER & SPRING ACTIVITY GUIDE WILL BE COMING OUT NEAR THE END OF DECEMBER GLENDORA RESIDENT REGISTRATION JANUARY 7 & NONRESIDENT REGISTRATION JANUARY 14</p> <p>*DAY TRIPS DEPART FROM THE CITY PARKING LOT AT CULLEN AND MOUNTAIN VIEW ACROSS FROM FINKBINER PARK. YOU MUST PRE-REGISTER FOR EACH TRIP.</p> <p>FULL TRIP INFORMATION CAN BE FOUND IN THE RECREATION & HUMAN SERVICES ACTIVITY GUIDE.</p>				

December

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7
10:00 am Legal Clinic for Seniors <i>(FREE - Sign Up Required)</i>	9:30 am Glendora Neighborhood Group of the American Sewing Guild	1:00 pm Bunco	10:00 am Book Discussion Group 11:00 am Trip: Christmas Crooners <i>(Sign Up Required)</i>		
9	10	11	12	13	14
12:45 pm Presentation: ABC's of Planning <i>(FREE - Sign Up Required)</i>	NO NUTRITION 11:30 am Event: Rotary Christmas Luncheon <i>(Sign Up CLOSED)</i> 11:30 am iPhone / iPad Class - Beginner <i>(FREE - Sign Up Required)</i> 1:00 pm iPhone / iPad Class - Intermediate <i>(FREE - Sign Up Required)</i>	10:30 am Nuts About Needlepoint 2:00 pm EYE-DAS	8:30 am Quilting Therapy 9:00 am Massage Therapy <i>(FREE - Sign Up Required)</i>		
16	17	18	19	20	21
10:00 am Presentation: GPL Author Talk: Smithsonian National Gem Collection <i>(FREE - Sign Up Required)</i>	1:00 pm Presentation: Premier World Discovery <i>(FREE - Sign Up Required)</i>	1:00 pm Bunco		8:00 am Pool Tournament	
23	24	25	26	27	28
1:00 pm LA Regional Food Bank	CENTER IS CLOSED (CHRISTMAS EVE)	CENTER IS CLOSED (CHRISTMAS DAY)	8:30 am NO NUTRITION Quilting Therapy		
30	31	JANUARY 1			
	CENTER IS CLOSED (NEW YEARS EVE)	CENTER IS CLOSED (NEW YEARS DAY)			

***La Fetra is having some building renovations done and activities are subject to change. Our staff has limited access to phones. We appreciate your understanding and patience.**