

Mon	Tue	Wed	Thu	Fri
La Fetra Center 333 E. Foothill Blvd, Glendora CA 91740 Monday through Friday at 11:30AM		<h1>DECEMBER 2024</h1>		Administered by YWCA San Gabriel Valley and funded in part by the Los Angeles County Area Agency on Aging through the Older Americans Act of 1965 as amended.
2 Chicken Curry Winter Squash Cucumber Salad Fresh Pear White Rice Bread	3 Swedish Meatball Green Peas Romaine Salad Kiwi Noodles	4 Cream of Broccoli Chicken Chipotle Cauliflower Mixed Green Salad Banana Brown Rice	5 Beef Lasagna Carrots Creamy Coleslaw Peaches	6 Baked Fish W/ Cumb Topping Harvard Beets Bean Salad Orange Barley Pilaf
9 Beef Hamburger Carrot Salad Sliced Lettuce & Tomato Strawberries	10 ROTARY LUNCHEON (NO LUNCH - FACILITY OPEN)	11 Hot Roast Beef Mashed Potato Beet Salad Fruit Bread	12 Cabbage Soup Crispy Chicken Broccoli Spring Mix Salad Banana Roll	13 Baked Fish with Tartar Sauce Baked Yam Pineapple & Mango Cilantro Brown Rice
16 Chicken Divan Green Beans Spinach Salad Peach or Pear Brown Rice	17 Meatloaf Mashed Potato Romaine Iceberg W/ Cucumber Pineapple & Mango Bread	18 Cream of Mushroom Chicken Parm Winter Squash Broccoli Slaw Banana Spaghetti Sourdough	19 Stuffed Bell Pepper Carrots Mesclun Salad Cantaloupe Bread	20 Vegetarian Lasagna Cauliflower & Peas Ceasar Salad Mandarin Roll
23 Scrambled Egg With Diced Ham Oven Roasted Potatoes Sunshine Salad Fruit French Toast	24 CHRISTMAS EVE (FACILITY CLOSED)	25 CHRISTMAS DAY (FACILITY CLOSED)	26 DAY AFTER CHRISTMAS (NO LUNCH - FACILITY OPEN)	27 Baked Fish W/ Lemon Sauce Baked Yams Romaine Salad Cantaloupe Roll
30 Oven Baked Chicken Green Beans Coleslaw Banana Roll	31 NEW YEARS EVE (FACILITY CLOSED)	YWCA IS ON A MISSION	YWCA San Gabriel Valley Senior Services Department 101 S. Barranca Avenue, Covina, CA 91724 Phone: 626-214-9456	 Trio - Azusa

*** SUBJECT TO CHANGE WITHOUT NOTICE*** ALL ENTREES INCLUDE A 8OZ CARTON OF MILK *** SUGGESTED DONATION OF \$3 ***