

GLENDORA RECREATION & HUMAN SERVICES DEPARTMENT



THURSDAY, FEBRUARY 20 • 1PM-3PM

# 2025 HEALTH & WELLNESS FAIR

HEALTH AGENCIES & REPRESENTATIVES  
RAFFLE PRIZES & GIVEAWAYS  
PRESENTATIONS & HEALTH SEMINARS  
FREE HEALTH SCREENINGS

**LA FETRA CENTER**  
333 E. FOOTHILL BLVD.,  
GLENDORA CA 91741

FOR MORE INFORMATION PLEASE CALL (626) 914-0560



RECREATION & HUMAN SERVICES DEPARTMENT PRESENTS

# LA FETRA TIMES

JANUARY 2024

## This issue contains:

- ◆ ANNUAL HEALTH & WELLNESS FAIR
- ◆ REGISTRATION INFORMATION
- ◆ TAX ASSISTANCE
- ◆ UPCOMING WINTER/SPRING TRIPS
- ◆ JANUARY MOVIES

PRINTING COURTESY OF PARTNERS OF LA FETRA





# LA FETRA CENTER

333 E. Foothill Blvd., Glendora, CA 91741  
 (626) 914-0560 / CityofGlendora.gov  
 Monday-Friday: 8:00am-4:30pm

**Mission:** The City of Glendora Recreation and Human Services Department, through the efforts of the Human Services Division at the La Fetra Center, strives to maximize the quality of life for older adults by providing programs that: promote dignity and self-esteem; foster independence; facilitate social interaction; and dispel negative stereotypes about aging.

A.A.R.P.	(800) 424-3410	Glendora Mini-Bus	(626) 914-8233
Adult Protective Services	(888) 202-4248	Glendora Public Library	(626) 852-4891
Animal Control – Inland Valley Humane Society	(909) 623-9777	Glendora Welfare Association	(626) 857-1181
Case Management with YWCA	(626)214-9443	Graffiti Hotline	(626) 963-8540
Center for Health Care Rights	(800) 824-0780	Homelessness - General Questions	(626) 852-5200
City Hall – Glendora	(626) 914-8200	In-Home Supportive Services	(909) 802-2474
Emergency & Traffic Alerts	Text 'Glendora' at 67283	Meals on Wheels	(626) 960-2995
Elder Abuse Hotline	(877) 477-3646	Medicare	(800) 633-4227
Foothill Presbyterian Hospital	(626) 963-8411	Metro Access Services	(800) 827-0829
Get About Transportation	(909) 596-5964	Ombudsman (Long Term Care)	(323) 721-1343
Glendora Historical Society	(626) 963-0419	Post Office – Glendora	(626) 857-9127
		Social Security	(800) 772-1213
		Glendora Office	(866) 964-6045

## STAFF CONTACTS

Debbie Lopez, HS Manager — [dlopez@cityofglendora.gov](mailto:dlopez@cityofglendora.gov)  
 Erik Deurmeier, HS Supervisor (Outreach & Homeless) — [edeurmeier@cityofglendora.gov](mailto:edeurmeier@cityofglendora.gov)  
 Rachel Orosz, HS Supervisor (Activities & Trips) — [rorosz@cityofglendora.gov](mailto:rorosz@cityofglendora.gov)  
 Emily Bufanda, Office Assistant (Rentals & Maintenance) — [ebufanda@cityofglendora.gov](mailto:ebufanda@cityofglendora.gov)  
 Carol Stellato, Recreation Specialist (Volunteers & Referrals) — [cstellato@cityofglendora.gov](mailto:cstellato@cityofglendora.gov)

## PARTNERS OF LA FETRA

Partners of La Fetra is a charitable, non-profit organization established to support the Glendora La Fetra Center in an effort to enhance the quality of life of the adult population of the City of Glendora. Donations are tax deductible as provided by law. Membership is open to any person: dues are \$10 per year, per person. The *La Fetra Times* is available for mailing for \$12 per year, or can be combined with the Partners Membership for \$20 per year. Cash (must be exact amount) or Check (must be made out to *Partners of La Fetra*) is accepted. Membership Applications can be picked up from the center during regular business hours. If you have questions related to Partners of La Fetra, please visit the center on Fridays and a board member can assist you.

## CROSSWORD SOLUTION

1	P	2	I	3	A	4	N	5	O	6	E	7	S	8	S	9	A	10	S	11	P	
12	A	R	R	O	W					13	R	O	T			14	U	S	E			
15	R	E	C	O	N			16	C	I	L	E				17	S	E	T			
						18	S	E	A	C	O	A			19	S	T					
20	L	21	O	22	S	E	R	S					23	M	A	R	24	S	25	H		
26	O	L	E	S				27	I	28	T	29	S			30	M	A	T	E		
31	N	I	L					32	N	I	P					33	L	I	E			
34	E	V	E	35	R			36	O	E	R				37	M	I	L	D			
38	R	E	C	A	39	P				40	I	41	D	E	A	L	S					
							42	T	H	R	E	44	A	T	E	N						
45	F	46	B	I				47	E	C	C	E	N	T	48	R	49	I	50	C		
51	R	E	V					52	S	H	H				53	S	A	U	N	A		
54	O	N	E					55	S	O	Y				56	E	L	E	C	T		

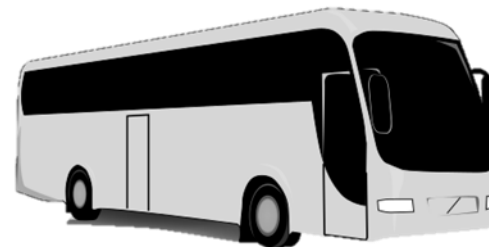
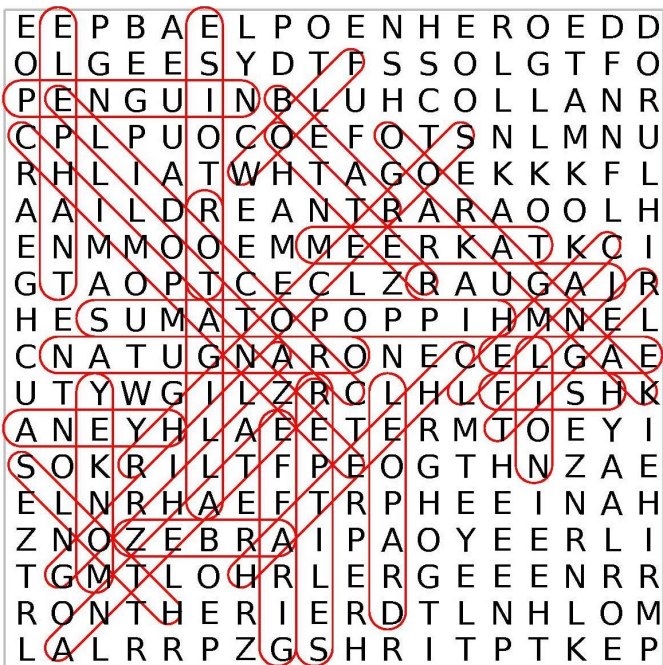


2	1	9	2	0		3	4	6	5		2	6	9	8	
3	4	0	5	3		2	2	8	6		2	7	0	4	
8	1	1	9	8		6	8	4	6		1	0	6	9	
7	1	6		1	3	7	8		7	4	5	3	5	5	
				4	7	2	8		0	1	6		7	5	4
2	1	2	3	7	5			5	6	9	8	6			
8	3	8	2		1	3	7	1		7	2	5	4	5	
4	4	6	6		7	3	9	9	8		5	1	1	2	
9	3	6	0	5		1	5	5	5		9	6	2	2	
				9	3	7	5	1		4	3	7	0	6	9
8	5	0		8	7	7		0	4	3	4				
5	9	8	6	3	4		9	2	9	9		8	9	0	
0	2	9	9		1	6	0	6		0	5	2	7	5	
4	8	8	1		8	0	7	6		1	2	2	5	1	
0	4	4	0		8	1	6	5		5	6	6	2	5	

## NUMBER FILL - IN SOLUTION

## ZOO ANIMALS

### WORD SEARCH SOLUTION



## WINTER/SPRING DAY TRIPS

### HUNTINGTON LIBRARY, ART MUSEUM, AND BOTANICAL GARDENS

Fee: \$65 ACTIVE  
Date: Wednesday, April 23  
9:00am-4:00pm

Explore the Huntington Estate's gardens, library, and art collections, followed by lunch at a cafe.

### VICKI LAWRENCE & MAMA: A TWO WOMAN SHOW

Fee: \$60 EASY  
Date: Sunday, May 4  
1:00pm-4:30pm

See Emmy® winner Vicki Lawrence at the Haugh Performing Arts Center in a hilarious two-woman show featuring stand-up, musical comedy, and her iconic "Mama" character!

### THE GETTY CENTER

Fee: \$35 MODERATE  
Date: Wednesday, May 28  
9:00am-5:30pm

Discover art, architecture, gardens, and views at the Getty Center. Explore works spanning centuries and enjoy lunch at the cafe or restaurant.

### RANCHO CUCAMONGA QUAKES

Fee: TBD MODERATE  
Date & Time: TBD  
Exact game date, time, and fee will become available once the season's tickets are released. Contact (626) 914-0560 for details on the Rancho Cucamonga Quakes spring game. Watch future MLB stars and enjoy dinner at the ballpark!

### FANTASY SPRINGS CASINO

Fee: \$25 ACTIVE  
Date: Wednesday, February 12  
7:30am-6:00pm

Fantasy Springs Casino offers slots, table games, \$40 free play, and dining. New players get a "play 20, get 40" voucher.

### PALM SPRINGS AIR MUSEUM

Fee: \$59 MODERATE  
Date: Thursday, February 20  
8:30am-2:30pm

Explore the Palm Springs Air Museum's historic aircraft and exhibits. Trip includes a boxed lunch; select your meal during registration.

### THE BROAD MUSEUM

Fee: \$30 ACTIVE  
Date: Thursday, March 6  
9:30am-4:30pm

Visit The Broad for a guided tour of contemporary art, followed by a late lunch at Philippe the Original.

### TUCKER TOURS – ROARING 20s

Fee: \$120 ACTIVE  
Date: Tuesday, March 25  
8:30am-5:30pm  
Explore 1920s Los Angeles with a guided tour of Angelus Temple, Central Library, the Biltmore Hotel, and City Hall, including lunch at the Biltmore's Rendezvous Court.

### HISTORIC MISSION INN

Fee: \$40 MODERATE  
Date: Thursday, April 10  
8:30am-1:30pm  
Explore the historic Mission Inn Hotel & Spa on a guided tour, then enjoy lunch at the Riverside Food Lab.

### SUDOKU #1 SOLUTION

5	9	6	7	2	3	8	4	1
7	8	1	5	9	4	2	6	3
3	4	2	1	6	8	9	5	7
2	3	8	9	5	1	6	7	4
6	1	9	3	4	7	5	8	2
4	5	7	2	8	6	1	3	9
8	2	3	4	1	5	7	9	6
9	6	4	8	7	2	3	1	5
1	7	5	6	3	9	4	2	8

### SUDOKU #2 SOLUTION

7	3	6	8	4	5	2	9	1
8	1	5	7	9	2	3	4	6
2	4	9	1	6	3	8	7	5
5	6	3	4	7	1	9	2	8
1	8	7	2	5	9	6	3	4
4	9	2	6	3	8	1	5	7
6	2	4	3	1	7	5	8	9
3	5	1	9	8	4	7	6	2
9	7	8	5	2	6	4	1	3

**FOR REGISTRATION INFO,  
GO TO PAGE 4**

**FOR MORE TRIP INFO,  
PLEASE REFER TO OUR  
WINTER/SPRING  
ACTIVITY GUIDE**





# ZOO ANIMAL WORD SEARCH

Presented by Partners of La Fetra

## Bingo

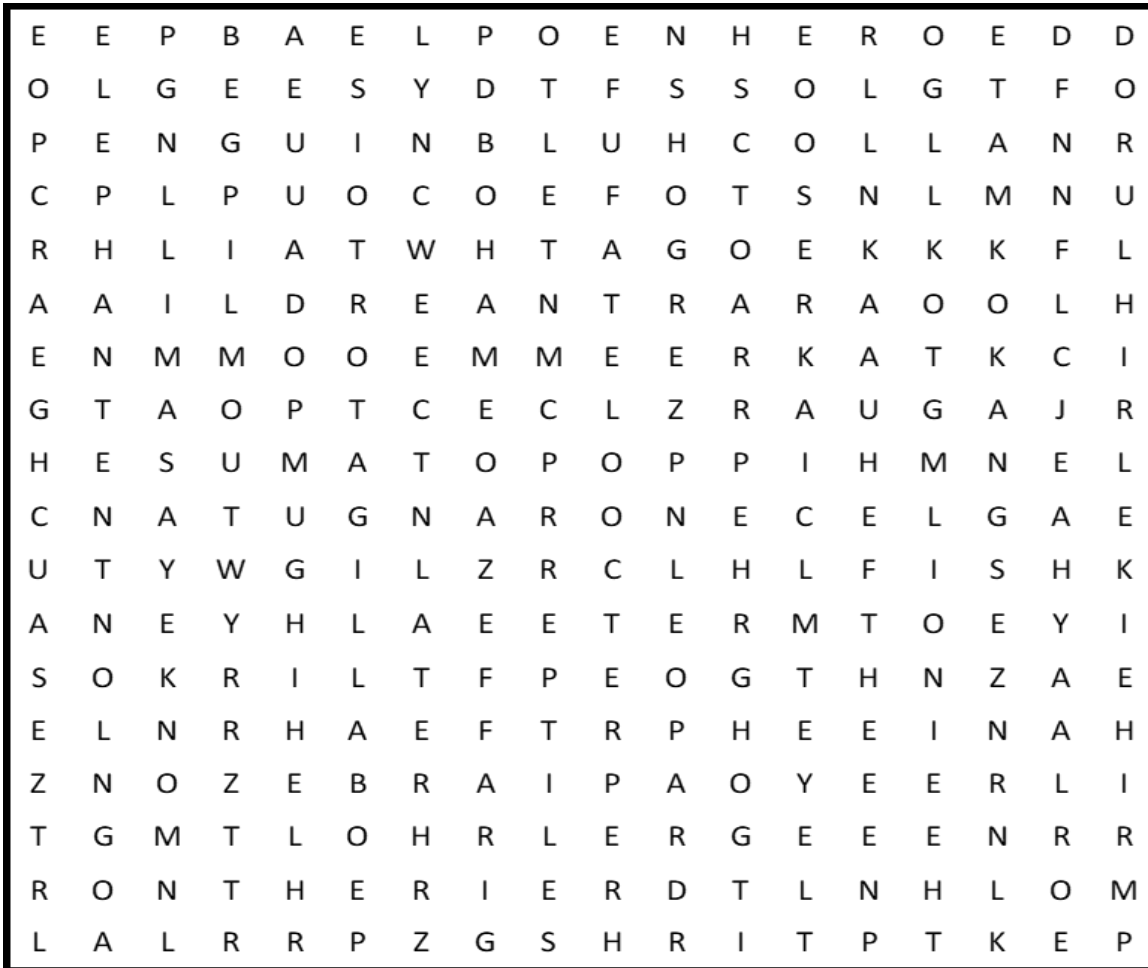
Every Friday - **No Bingo January 17**

Doors open at 12:00pm on SAGE A and at 12:45pm on SAGE B.

Bingo sales are from 12:30pm to 1:15pm.

Games start at 1:30pm.

Cost is \$7.00 for the first game and \$3.00 for each additional pack. Bring your own drinks and individually wrapped snacks.



ALLIGATOR  
ANTEATER  
BEAR  
CAMEL  
CHEETAH  
CHIMPANZEE  
CROCODILE  
EAGLE  
ELEPHANT  
FISH



GIRAFFE  
GORILLA  
HIPPOPOTAMUS  
HYENA  
JAGUAR  
KANGAROO  
LEOPARD  
LION  
MEERKAT  
MONKEY



ORANGUTAN  
OTTER  
PENGUIN  
REPTILES  
RHINOCEROS  
SLOTH  
TIGER  
TORTOISE  
WOLF  
ZEBRA

Solution is provided in the back.

## Book Discussion Group

First Thursday of every month

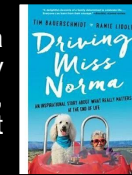
10:00am to 11:00am

FREE - No registration required!

Join friends who share the love of reading. This casual group meets to discuss a wide genre of novels and each group member will have the opportunity to select books to read then discuss.

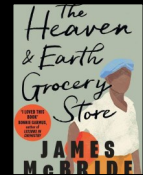
January 2 Discussion:

Driving Miss Norma  
By  
Rami Liddell,  
Tim Bauerschmidt



February 6 Selection:

The Heaven and Earth  
Grocery Store  
By  
James Mc Bride



## Glendora Genealogical Group

Fourth Tuesday of every month - Tuesday, January 28, 2025

6:00pm to 9:00pm

FREE - No registration required!

If you are interested in family history, we invite you to attend the Glendora Genealogical Group. Our speakers will be Amber Oldenburg discussing the topic of "Research Your Family For Free" and a second speaker and topic is TBA.

For more information, please contact Pat Chavarria at lorman1237@gmail.com.

# REGISTRATION & REFUNDS

## ENROLL EARLY

Nothing hurts a class more than participants who wait until the last minute to enroll. There is a point when classes must be cancelled due to insufficient registration. To ensure a successful class, please enroll early. If you would like a registration form mailed to you, please call (626) 914-8228.

## REFUND INFORMATION

A \$10 service fee is charged for all refunds issued. Refunds will be honored prior to the second class. If an activity is cancelled by the Recreation and Human Services Department, an automatic refund will be given. If a class/trip/tour maximum is reached before your request is handled, you will automatically be placed on a waiting list and your funds will be returned. If a spot opens in the class/trip/tour, the waiting list will be contacted on a first-come, first-served basis, and payment will be requested at that time. Absolutely no cash refunds are given at any time! No refunds given on trips \$20 or less. Trip refunds are issued only if a requested cancellation can be filled from the wait list. Please Note: The online convenience fee is charged by a credit institution and is non-refundable even if activity/trip is cancelled.

## SAFETY PROTOCOLS

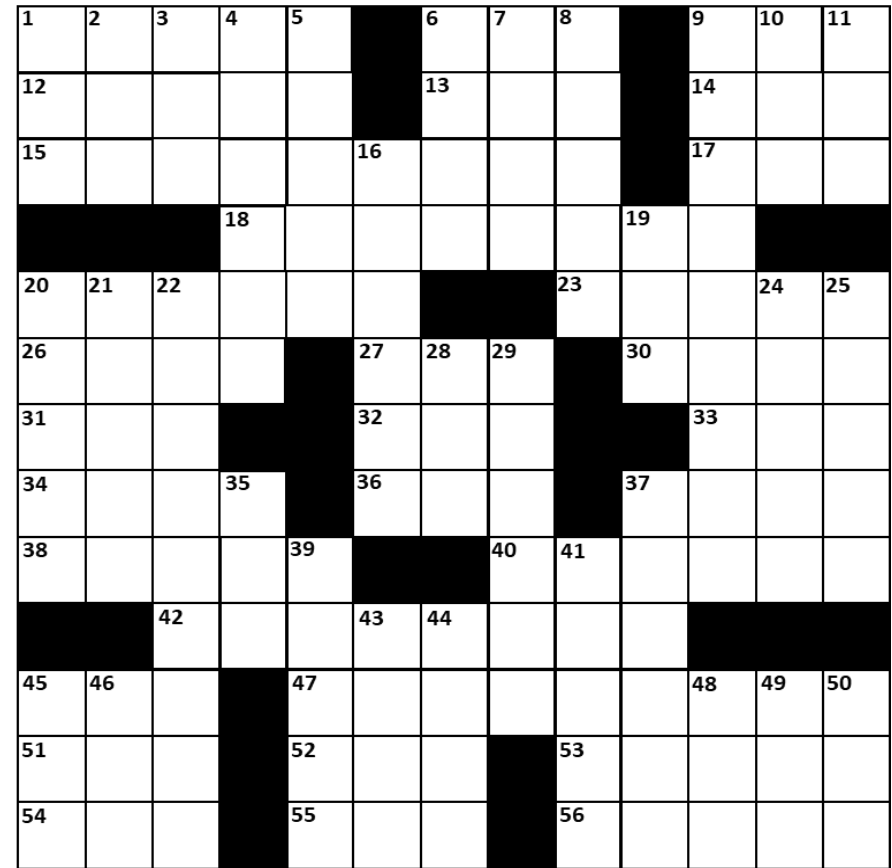
The City of Glendora Recreation and Human Services Department intends to comply with the Americans with Disabilities Act. If you are disabled and need special accommodations to participate in any of the departments' programs, please notify us at least two weeks prior to the start of the desired program and we will attempt to reasonably respond to your needs.



## CITY FACILITY CLOSURES

President's Day	Monday, February 17
Easter	Sunday, April 20
Earth Day Event	Saturday, April 26
Culture Fest Event	Saturday, May 17
Memorial Day	Monday, May 26

## CROSSWORD PUZZLE



REGISTER ONLINE!  
[cityofglendora.org/register](http://cityofglendora.org/register)



### GLENDORA RESIDENTS REGISTER EARLY ONLINE!

Tuesday, January 7 • 8:00am

### SENIOR RESIDENT REGISTRATION (55+)

Walk-In/Online Registration  
 Tuesday, January 14 • 8:00am  
 (ID required)

### WALK-IN & NON-RESIDENT ONLINE

Tuesday, January 14 • 8:00am

### OFFICE HOURS

Recreation & Human Services • 116 E Foothill Blvd  
 Monday-Friday • 8:00am-5:00pm

La Fetra Center • 333 E Foothill Blvd

Monday-Friday • 8:00am-4:30pm

Legion Building • 159 N Cullen Ave

Monday-Friday • 8:00am-5:00pm

Teen Center • 241 W Dawson Ave

Monday-Friday • 10:00am-8:00pm (School year)

Monday-Friday • 10:00am-7:00pm (Summer)

If you do not have access to a computer, you can register online at the La Fetra Center or City Hall Recreation & Human Services Department.



### Across:

- |                        |                        |
|------------------------|------------------------|
| 1. Musical instrument  | 33. Recline            |
| 6. Snaky curve         | 34. At all times       |
| 9. Nile viper          | 36. Above, in verse    |
| 12. Directional symbol | 37. Moderate           |
| 13. Disintegrate       | 38. Brief summary      |
| 14. Consume            | 40. Guiding principles |
| 15. Make up            | 42. Endanger           |
| 17. Immovable          | 45. "X-Files" org.     |
| 18. Ocean beach        | 47. Oddball            |
| 20. Defeated ones      | 51. Race an engine     |
| 23. Bog                | 52. Quiet!             |
| 26. Bullring cheers    | 53. Finnish bath       |
| 27. That thing's       | 54. Dollar bill        |
| 30. Counterpart        | 55. Tofu ingredient    |
| 31. Zero               | 56. Choose by vote     |
| 32. Small bite         |                        |

### Down:

- |                             |                      |
|-----------------------------|----------------------|
| 1. Average                  | 24. Calm             |
| 2. Rage                     | 25. Listens          |
| 3. ___ de Triomphe          | 28. Even score       |
| 4. Lasso ends               | 29. Elf              |
| 5. Proprietor               | 35. Cheer sound      |
| 6. Musician ___ Clapton     | 37. Of the mind      |
| 7. Perform alone            | 39. Printing machine |
| 8. Water vapor              | 41. Compact          |
| 9. Down Under               | 43. Canyon effect    |
| 10. Compass reading (abbr.) | 44. Sore             |
| 11. Family animal           | 45. To's partner     |
| 16. Gambling site           | 46. London's Big ___ |
| 19. Yosemite ___            | 48. Feel regret      |
| 20. Recluse                 | 49. "Murder, ___"    |
| 21. Martini garnish         | 50. Jaguar, e.g.     |
| 22. Picky                   |                      |

Solution is provided in the back.



## SUDOKU

Sudoku is played on a grid of 9 x 9 spaces. Within the rows and columns are 9 "squares." Each row, column and square (9 spaces each) needs to be filled out with the numbers 1-9, without repeating any numbers within the row, column or square. Each Sudoku grid comes with a few spaces already filled in.

### SUDOKU #1

5	9			2	3	8	4	1
7			5		4	2	6	3
		2	1		8		5	
2		8				6		
			3		7			
		7				1		9
	2		4		5	7		
9	6	4	8		2			5
1	7	5	6	3			2	8

*GOOD LUCK  
and  
HAVE FUN!!*

### SUDOKU #2

7	3	6	8	4	5			1
8					2		4	6
2	4		1			8	7	
					1		2	
	8	7	2		9	6	3	
	9		6					
	2	4			7		8	9
3	5		9					2
9			5	2	6	4	1	3



Solution is provided in the back.

EVERY MONDAY & THURSDAY AT 1:00PM - ALWAYS FREE

# LA FETRA MOVIES



Movie info can be found on [cityofglendora.gov](http://cityofglendora.gov) or located at our reception desk

JANUARY 2 - YES MAN (2008) - COMEDY / ROMANCE

JANUARY 6 - SNAKE EYES (1998) - MYSTERY / THRILLER

JANUARY 9 - REVOLVER (2005) - ACTION / DRAMA / PSYCHOLOGICAL THRILLER


JANUARY 13 - RIVER OF NO RETURN (2001) - ACTION / DRAMA

JANUARY 16 - THE LAST CASTLE (1942) - COMEDY / DRAMA / MUSICAL

JANUARY 23 - FOOL'S GOLD (2008) - ADVENTURE / COMEDY / ROMANCE

JANUARY 27 - MARCH OF THE PENGUINS (2005) - ANIMAL / DOCUMENTARY

JANUARY 30 - THE DILEMMA (2011) - COMEDY / DRAMA

Monday	Tuesday	Wednesday	Thursday	Friday
8:45 am Sing for Joy 9:00 am YWCA Case Management 10:00 am Journey Through Grief Group 11:30 am Nutrition 12:30 pm Canasta 12:30 pm M-W-F Gamers 1:00pm Monday Movies 1:00 pm Ping Pong <i>(Sign Up Required)</i>	8:00 am Int./Adv. Pool Players 8:45 am Bridge Tournament 9:00 am Sharing Memories 9:00 am Tai Chi Chuan <i>(Sign Up Required)</i> <i>(Session 1 starts 1/28)</i> 11:30 am Nutrition 12:30 pm Beading Buddies 12:30 pm Pinochle 4:00 pm Balance & Mobility <i>(Sign Up Required)</i> <i>(Session 1 starts 1/28)</i> 6:00 pm Country Line Dancing—Beginner <i>(Sign Up Required)(Session 1 starts 1/28)</i> 7:15 pm Country Line Dancing—Intermediate <i>(Sign Up Required)(Session 1 starts 1/28)</i>	9:00 am Glendora After Stroke Center 9:00 am Patch, Pin, & Purl 10:30 am Nuts About Needlepoint <i>(2<sup>nd</sup>/4<sup>th</sup> week)</i> 11:30 am Nutrition 12:30 pm M-W-F Gamers 1:00 pm Bunco <i>(1<sup>st</sup>/3<sup>rd</sup>/5<sup>th</sup> week)</i> 1:30 pm International Community Club	8:30 am Party Bridge 8:30 am Quilting Therapy <i>(2<sup>nd</sup>/4<sup>th</sup> week)</i> 11:30 am Nutrition 12:30 pm Canasta 1:00 pm Current Events Discussion Group 1:00 pm Ping Pong <i>(Sign Up Required)</i> 1:00pm Thursday Movies 4:00 pm Balance & Mobility <i>(Sign Up Required)</i>	8:00 am Int./Adv. Pool Players 8:45 am Bridge Tournament 11:30 am Nutrition 12:30 pm M-W-F Gamers 12:30 pm Pinochle 1:30 pm Bingo
		<b>*DAY TRIPS DEPART FROM THE CITY PARKING LOT AT CULLEN AND MOUNTAIN VIEW ACROSS FROM FINKBINER PARK.            YOU MUST PRE-REGISTER FOR EACH TRIP.            FULL TRIP INFORMATION CAN BE FOUND IN THE RECREATION &amp; HUMAN SERVICES ACTIVITY GUIDE.</b>		

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> <b>CENTER IS CLOSED</b> <b>(NEW YEARS DAY)</b>	<b>2</b> 10:00 am Book Discussion Group	<b>3</b>	<b>4</b>
<b>6</b> 10:00 am Legal Clinic for Seniors <i>(FREE - Sign Up Required)</i>	<b>7</b> <b>RESIDENT REGISTRATION STARTS</b> 9:30 am Glendora Neighborhood Group of the American Sewing Guild	<b>8</b> 10:30 am Nuts About Needlepoint 2:00 pm EYE-DAS	<b>9</b> 8:30 am Quilting Therapy	<b>10</b>	<b>11</b>
<b>13</b> <b>TAX REGISTRATION STARTS</b>	<b>14</b> <b>NONRESIDENT REGISTRATION STARTS</b>	<b>15</b> 1:00 pm Bunco	<b>16</b>	<b>17</b> <b>NO BINGO &amp; NUTRITION</b> 8:00 am Pool Tournament	<b>18</b>
<b>20</b> <b>CENTER IS CLOSED</b> <b>(MARTIN LUTHER KING)</b>	<b>21</b>	<b>22</b> 10:30 am Nuts About Needlepoint 11:00am Notary Service	<b>23</b> 8:30 am Quilting Therapy	<b>24</b>	<b>25</b>
<b>27</b> 1:00 pm LA Regional Food Bank	<b>28</b> 6:00pm Genealogical Group	<b>29</b> 1:00 pm Bunco	<b>30</b>	<b>31</b>	

**\*La Fetra is having some building renovations done and activities are subject to change. Our staff has limited access to phones. We appreciate your understanding and patience.**



Mon	Tue	Wed	Thu	Fri
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**La Fetra Center**  
 333 E. Foothill Blvd,  
 Glendora CA 91740  
 Monday through Friday at 11:30AM

# JANUARY 2025









Administered by  
 YWCA San Gabriel Valley  
 and funded in part by  
 the Los Angeles County  
 Area Agency on Aging through the Older Americans  
 Act of 1965 as amended.

<p><b>YWCA IS ON A MISSION</b></p>	<p><b>Trio - Azusa</b>          YWCA San Gabriel Valley Senior          Services Department 101          S. Barranca Avenue,          Covina, CA 91724          Phone: 626-214-9456</p>	<p>1  <b>NEW YEARS DAY          (FACILITY CLOSED)</b></p>	<p>2          Beef Fajitas          Pinto Beans          Spinach Salad          Fresh Orange          Brown Rice          Flour Tortilla</p>	<p>3          Split Pea Soup          Tuna Sandwich          Carrot Raisin Salad          Lettuce &amp; Tomato Slice          Pineapple &amp; Mango          Bread</p>
<p>6          Corn Chowder          Beef Strips W/ Mushroom Sauce          Steamed Spinach          Green Salad          Strawberries          Pasta</p>	<p>7          Lemon Pepper Chicken          Cauliflower          Marinated Cucumber Salad          Banana          Bread</p>	<p>8          Taco Salad          Pinto Beans          Cabbage          Fruit          Bread          Tortilla Chips</p>	<p>9          BBQ Chicken          Baked Yam          Mixed Iceberg &amp;          Romaine Salad          Kiwi          Barley Pilaf          Corn Bread</p>	<p>10          Sweet &amp; Sour Pork          Broccoli          Spinach Salad          Tangerine          Brown Rice</p>
<p>13          Chicken Curry          Winter Squash          Asian Cucumber Salad          Fresh Pear          Orange Juice          White Rice          Bread</p>	<p>14          Swedish Meatballs          Green Peas          Romaine Celery          Kiwi          Noodles</p>	<p>15          Cream of Broccoli          Chicken Chipotle          Cauliflower          Mixed Green Salad          Banana          Brown Rice</p>	<p>16          Beef Lasagna          Carrots          Creamy Coleslaw          Peached          Noodles</p>	<p>17  <b>PRIVATE EVENT          (NO LUNCH, FACILITY OPEN)</b></p>
<p>20  <b>MARTIN LUTHER KING          (FACILITY CLOSED)</b></p>	<p>21          Butternut Squash          Soft Chicken Taco          Pinto Beans          Lettuce &amp; Tomato          Mandarin Orange          Brown Rice          Flour Tortilla</p>	<p>22          Hot Roast Beef          Mashed Potatoes          Marinated Beet Salad          Applesauce          Bread</p>	<p>23          Cabbage Soup          Crispy Chicken          Spring Mix Salad          Banana          Bread</p>	<p>24          Pork Carnitas          Baked Yams          Pineapple &amp; Mango          Cilantro Brown Rice</p>
<p>27          Chicken Divan          Green Beans          Spinach Salad          Peach or Pear          Brown Rice</p>	<p>28          Meatloaf          Mashed Potatoes          Romaine &amp; Iceberg Lettuce          Pineapple &amp; Mango          Bread</p>	<p>29          Cream of Mushroom Soup          Chicken Parmesan          Winter Squash          Broccoli Slaw          Banana          Spaghetti          Sourdough</p>	<p>30          Stuffed Bell Pepper          Carrots          Mesclun Salad          Cantaloupe          Bread</p>	<p>31          Breaded Fish          Cauliflower &amp; Peas          Ceasar Salad          Fruit          Roll</p>

\*\*\* SUBJECT TO CHANGE WITHOUT NOTICE\*\*\* ALL ENTREES INCLUDE A 8OZ CARTON OF MILK \*\*\* SUGGESTED DONATION OF \$3 \*\*\*



# LA FETRA MOVIES—JANUARY 2025

Date	Movie	Time	Date	Rating	Genre	Description
January 2	Yes Man 	1 hour 44 minutes	2008	PG-13	Comedy / Romance	A man challenges himself to say "yes" to everything.
January 6	Snake Eyes 	1 hour 38 minutes	1998	R	Mystery / Thriller	A police officer and commander join forces to investigate both the assassination of Secretary of Defense and the disappearance of a beautiful stranger.
January 9	Revolver 	1 hour 51 minutes	2005	R	Action / Drama Psychological Thriller	Gambler Jake Green enters into a game with potentially deadly consequences.
January 13	River of No Return 	2 hours 11 minutes	2001	R	Action / Drama	A court-martialed General rallies together twelve hundred inmates to rise against a corrupt and sadistic warden.
January 16	The Last Castle 	1 hour 53 minutes	1942	NR	Comedy / Drama Music	At a holiday-only inn, a crooner and hooper compete for the affections of a rising performer.
January 23	Fool's Gold 	1 hour 52 minutes	2008	PG-13	Adventure / Comedy Romance	A new clue to the whereabouts of a lost treasure rekindles a married couple's sense of adventure -- and their estranged romance.
January 27	March of the Penguins 	1 hour 20 minutes	2005	G	Animal / Documentary	In the Antarctic, every March since the beginning of time, the quest begins to find the perfect mate and start a family.
January 30	The Dilemma 	1 hour 51 minutes	2011	Pg-13	Comedy / Drama	A man discovers that his best friend's wife is having an affair.

**CENTER IS CLOSED:** Wednesday, January 1, 2025 (New Years Day) and Monday, January 20, 2025 (Martin Luther King Day)

The Glendora Recreation and Human Services Department shows movies **FREE** of charge at the La Fetra Center on **MONDAYS & THURSDAYS** at **1PM**

**\*La Fetra Center is undergoing renovations. All activities are subject to change and staff has limited access to phones.**